

AJ LAFOND *(he/they)*

Height: 5'10" | **Hair/Eyes:** Brown

Voice: Baritenor E2-A5

Vaccinated/boosted

notajlafond@gmail.com

www.ajlafond.com

(631)873-8506

THEATRE

GREAT COMET OF 1812	Andrey/Bolkonsky/Ensemble	LIU Post dir. Attilio Rigotti
FEVER/DREAM	Aston Martin	Post Theatre Company dir. Tea Einarsen
URINETOWN	Bobby Strong	Post Theatre Company dir. Rakeem Lawrence
OCTET	Ed	Long Island University dir. Brecken Hummer
COSMIC THRILL SEEKERS	Dom	Long Island University dir. Suzie Glover
ARGONAUTIKA	Uncle, Apsyrtos	Post Theatre Company dir. Logan Reed
HEAD OVER HEELS	Ensemble	Post Theatre Company dir. Daniella Caggiano

SPECIAL EVENTS

COSMIC THRILL SEEKERS NYC DEBUT

Don't Tell Mama, NYC

COMEBACK CABARET

Don't Tell Mama, NYC

TRAINING

B.F.A. Musical Theatre - Long Island University - C.W. Post (Class of 2024)

Acting:

Suzuki, Chekhov, Stanislavski, Laban

Eric Jordan Young, Tina Mitchell, Matthew Mastromatteo, David Hugo, Paul Takacs, Brandon Vukovic

Voice and Musical Theatre Styles:

Michelle Mallardi, James Crichton

Dance:

Ballet (4), Jazz (3), Hip Hop (1), Tap (1), Musical Theatre Styles (4)

Rachel Bertone, Fritzlyn Hector, Nicole Albruzzese, Cara Gargano, Beth Trimm, Lisa Groshans

SPECIAL SKILLS

Pass with recommendation in unarmed stage combat by the SAFD, 2023, perfect pitch, strong harmonizer, reads sheet music, very fast music learner, valid driver's license/passport, acapella, impressions