

MAIA ISABEL

www.maiaisabel.com

maiaisabelfrias@gmail.com 978-875-3213 non-union

Height: 5'8" Eyes: Brown Hair: Brown Pronouns: she/they



NEW/DEvised WORK

COME BACK FOR AN HOUR	Gertie	LIU POST Fable Rowell
SPIT	South Pole	LIU POST David Apichell
POSEIDON...WATER CYCLE	Octavius	TILLES CENTER Stephanie Turner

EDUCATIONAL THEATRE/DANCE

THE ORESTEIA	Electra	LIU POST Ianthe Demos
R.U.R	Nana	LIU POST Edward O'Blenis
PETER PAN	Peter Pan	HUDSON DRAMA SOCIETY
MAMMA MIA!	Ali/Featured Dancer	HUDSON DRAMA SOCIETY
MARY POPPINS	Neleus/Valentine	HUDSON DRAMA SOCIETY
NUANCE	Featured Dancer	LIU POST Fritzlyn Hector

FILM

GROWING PAINS	Supporting	FEATURE FILM Catherine Argyrople
UNTAPPED TOGETHER	Dancer	DOCUMENTARY Matt & Jared Young

EDUCATION & TRAINING

BFA Musical Theatre Long Island University 2025

ACTING: Suzuki, Viewpoints, Laban, Stanislavski, Voice and Speech, TV/Film

(Eric Jordan Young, Tina Mitchell, David Hugo, Jillian Courtney)

DANCE: Adv- Jazz, MT Jazz, Fosse, Modern, Contemporary, Lyrical | Int- Ballet, Tap, Hiphop, Salsa

(Fritzlyn Hector, Ashley Marinelli, Nancy Brier, Michelle Vivona, Micheal McCarthy, Rachel Bertone)

VOICE: Eflat3-Bflat4 (Desi Oakley, Steven "Cosmo" Mallardi, Courtney Balan & James Crichton)

MASTERCLASSES/INTENSIVES: The Broadway Collective (Robert Hartwell & Kate Lumpkin)

LAMDA Summer Shakespeare School 2023 (Skye Hallam)

SPECIAL SKILLS

Improv, Dance Captain, Partnering Experience, Coffee Grinder Dance, Rap, TYA Experience, Choral Singing, Vocal Jazz, Choreography, Play/Script Writing, Valid Passport & Drivers License, NY/MA Housing